

Oh mother, mother spirit
I love and honor you
In song and dance, in prayer and work
In everything I do



After massaging Courtney's hands, feet, shoulders and head we will give her a crown and finish her feet with a cornmeal scrub.



Break for snacks and refreshments

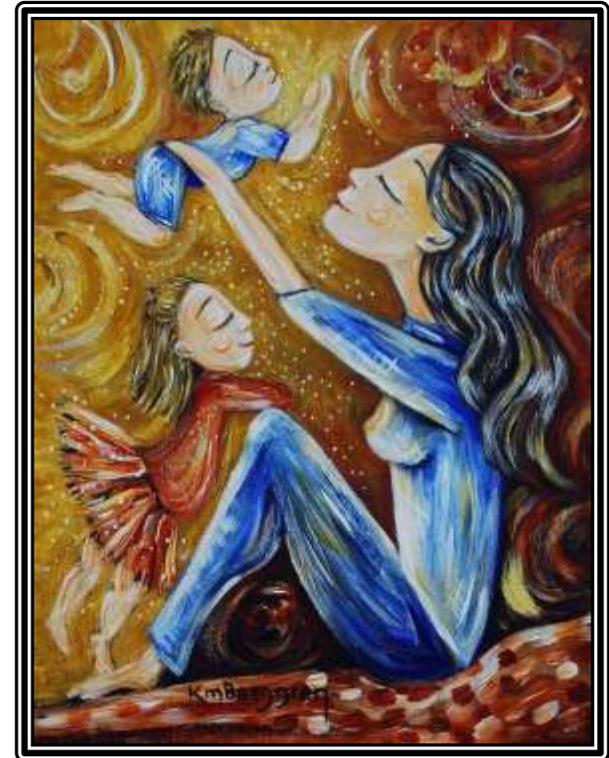


Blessings with Yarn



Gifts

A Blessing Way for Courtney



A Baby is about
to be Born!

Introductions:

My Name is _____.

I am the Granddaughter of _____ and _____.

I am the Daughter of _____.

I am the Mother of _____.

I am the Grandmother of _____.

The river is flowing
Flowing and growing
The river is flowing down to the sea
Oh mother carry me
Your child I'll always be
Oh mother carry me
Down to the sea



Blessing Way Songs

Blessed am |...Spirit am |
I am the infinite with my soul
I know no beginning and I know no end
All this I am

Woman am |..Spirit am |
I am the infinite within my soul
I know no beginning and I know no end
All this I am



We are sisters on a journey,
shining in the sun.

Shining through the darkest night.

The healing has begun...

The healing has begun.

We are sisters on a journey,
singing now as one.

Remembering the Ancient Ones

The women and the wisdom...

The women and the wisdom.

I am opening up in a sweet surrender
To the luminous love light of my babe (2x)
I am opening, I am opening
I am opening, I am opening



I am a hollow bamboo
Open up and let the light shine through



Where we stand (sit, sleep, birth) is holy,
Holy is the ground
Forest, Mountain, River, Listen to the sound
Great spirit circling all around us
Heyah, Heyah, Heyah, Ho
Heyah, Heyah, Heyah, Ho